



Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive

**HSE Primary Care Psychology** service for children. Referrals can be made by parents, schools, GPs, and allied health professionals.

To access the service **phone** 046-9098816 for a referral form.

## Traveller Counselling Support Services

**Meath Travellers Workshop Counselling Service**  
Offers one-to-one counselling service. **Mobile:**089-4437296

**Traveller Counselling Service** The service works from a culturally inclusive framework of culture centred counselling and psychotherapy. Family therapy is available and extends to under 18's with their parent(s)/guardian(s).

**Phone:** 01 8685761 **Mobile:** 086 3081476

**Email:** [info@travellercounselling.ie](mailto:info@travellercounselling.ie)



### Meath Travellers Workshop Community Safety Justice Project

is funded by the Department of Justice and aims to empower young people / Travellers to make positive choices in life by giving them the opportunity to take part in skill building workshops, health and fitness programmes and fun activities.



An Roinn Dlí agus Cirt  
Department of Justice

Contact Paula on **Mobile**

085-2506506 or **email** [paula@travellerheritage.ie](mailto:paula@travellerheritage.ie)



## Contact Numbers

Anyone who is concerned about a child or young person in the area can contact:

**Child Line** 1800 66 66 66 or text Talk to 50101

**Samaritans** 24hr Freephone helpline 116 123 or the crisis text line on 50808.

**Pieta house** 1800 247 247 or Text Help 51444

If you have immediate serious concern regarding the welfare of a person, please contact a GP, nearest Emergency Department or contact 112 or 999.



The **ISPCCC** supports children and young people up to the age of 18, with a special support line service for free, 24 hours a day, to talk about how they are feeling or anything which may be on their mind. **Call** 1800 400 100 (FREE), **Support Line** 01 676 7960 (9am – 1pm daily).



**JIGSAW Meath** provides advice and support to young people aged 12–25 years old. They give families, educators, and those who support young people's mental health, ways to cope and the skills to be there for young people. **Phone** 046-9071702 or **email** [meath@jigsaw.ie](mailto:meath@jigsaw.ie)

The national JIGSAW service provides more immediate support to young people through an **online web chat** service. This can be accessed at <http://jigsaw.ie/talk-online/>



**Meath Springboard Family Support Services** support children and their parents to overcome difficulties in their life so that each child can reach their full potential. We provide tailored programmes of support in response to each family's unique situation and affordable counselling/therapeutic support. **Phone** Shay on 046 9078220 or email [shay@springboardnavan.ie](mailto:shay@springboardnavan.ie).



**Navan School Completion Programme (SCP)** supports children and young people to achieve the most from their education, by providing in-school, after-school and out-of-school supports for students in need. Referrals generally come through the school and Home School Community Liaison co-ordinator and can also be referred through agencies by contacting us at **email** [cnestor@lmetb.ie](mailto:cnestor@lmetb.ie) or **Mobile** 086 6013199.

Navan SCP supports students in school and out of school in the following Navan Schools: Beaufort College, Mercy Secondary, Scoil Mhuire NS, Navan Educate Together, Scoil Naomh Eoin, St. Oliver's NS, Mercy Primary, St. Anne's.



**Tusla Meath PPFS** (Prevention, Partnership and Family Support) offers Family Support, Practitioner Support and Parent Support programmes in the Tusla Navan Family Resource Centre. A Child & Family Support Network (CFSN) Coordinator support is available which links young people and families to community and voluntary services in their area. The PPFS supports are offered to young people who are not open to Child Protection Social Work. For a referral form please **email** [noelle.glennon@tusla.ie](mailto:noelle.glennon@tusla.ie) or **phone** 046-9073178.